



## CIVIL UNREST SAFETY TIPS

Considering the recent events in the United States, as well as globally, Crime Stoppers of Puget Sound would like to distribute some common sense tips to keep you and your family safe should any type of Civil Unrest occur.

Here are some preparations you can make now in the event of later widespread issues:

- Most definitely have at least a 30-day supply of food and water.
- Keep your vehicle's fuel tank FULL should you have to leave unexpectedly.  
\*Have emergency supplies in your vehicle and anything you think you might need should you be forced to leave your home.
- Have a First Aid Kit at the ready and make sure you have a 30-day supply of any prescription medications you take.
- For your home, security cameras and alarms are ALWAYS a good idea.
- Have some ready cash available on hand as ATM's/Banks may not be operational.
- Have some sort of self-defense system on hand, such as a firearm, pepper spray, etc., to utilize should you need to protect yourself or your family. Make sure you are familiar with the safety procedures of your self-defense choice and use only as a last resort.
- Lastly, and most importantly, develop a Family Emergency Plan and make sure all family members know it. Cell phone circuits will most likely be overloaded or may not function, so be prepared to fall back on the Emergency Plan to secure your family.

Remember, if you don't have to leave your house, STAY HOME. Police, Fire and EMS will be working at full-capacity but may take some time to assist you should the need arise. In troubling times, these men and women will be doing all they can to serve and protect our communities.